

2017 O'NEILL MIDDLE

SCHOOL WRESTLING CLINICS

WHAT: WRESTLING CLINICS PUT ON BY THE DOWNERS GROVE PARK DISTRICT WHERE ATHLETES WILL LEARN BASIC FUNDAMENTALS OF THE SPORT, PLAY SPORT SPECIFIC GAMES TO BUILD SPEED, AGILITY, AND ATHLETICISM, AND FINISH WITH A COMPETITION WITH HERRICK MIDDLE SCHOOL.

WHERE: O'NEILL MIDDLE SCHOOL- STUDENT CAFETERIA

WHEN: PRACTICES WILL BE HELD MONDAY, OCTOBER 23RD THROUGH THURSDAY, NOVEMBER 2ND FROM 3:30 PM-5:00 PM.

WHO: THE CLINIC IS FOR DISTRICT 58 STUDENTS IN GRADES 5-8.

HOW: PARENTS CAN REGISTER THEIR CHILD AT THE DOWNERS GROVE PARK DISTRICT WEBSITE- [HTTP://WWW.DGPARKS.ORG/](http://www.dgparks.org/) - KEYWORD SEARCH WRESTLING

COST: ONLY \$15 FOR THE TWO-WEEK CLINIC AND COMPETITION

COACHES: COACHES AND WRESTLERS FROM DOWNERS GROVE SOUTH HIGH SCHOOL WILL SERVE AS THE INSTRUCTORS FOR THE TWO-WEEK CLINIC.

QUESTIONS: REGISTRATION QUESTIONS CAN BE DIRECTED TO THE DOWNERS GROVE PARK DISTRICT AT 630-963-1300 OR AT [HTTP://WWW.DGPARKS.ORG/](http://www.dgparks.org/)

CLINIC SPECIFIC QUESTIONS CAN BE DIRECTED TO SEAN LOVELACE (DGS HEAD WRESTLING COACH) AT [SLOVELACE@CSD99.ORG](mailto:slovelace@cSD99.org) OR 630-290-1834

“TO GET SOMETHING YOU’VE NEVER HAD, YOU HAVE TO DO SOMETHING YOU HAVE NEVER DONE”