

Downers Grove Grade School District 58 - Wellness Policy Guidelines and Evaluation Tool

POLICY GUIDELINES	DISTRICT ACTION	MET	NEEDS IMPROVEMENT/ACTIONS
Provide a learning environment that supports and promotes wellness, good nutrition, and an active lifestyle	Students receive nutrition education which is integrated into lesson plans within other	Yes	
Provide an environment that supports an active lifestyle	Physical education is provided by instructors that participate in professional development	Yes	
	Students in K-6 receive daily supervised lunch recess, weather permitting	Yes	
	Physical activities are available for students after school through the District After School Program and sports	Yes	
Support entire school environment to positively influence students' beliefs and habits to promote regular physical activity	Support parent organizations and clubs who offer recreational based activities such as walking clubs, Lung Runs, 5k walk/runs, Field Days	Yes	

Promote the positive relationship between good nutrition and the capacity of students to develop and learn	School lunches are served in a clean, relaxing and enjoyable environment. Students are provided a minimum of 20 minutes to eat lunch.	Yes
	Food service personnel have proper certification, and participate in professional development activities	Yes
	The District provides meals which meet the nutritional requirements and meet federal, state, and local laws and guidelines.	Yes
	Menus are posted on school websites and include fun promotions to promote new recipes and celebratory themed menu options.	Yes
	Student input gathered through the use of surveys	Yes