

POLICY 5150**DOWNERS GROVE GRADE SCHOOL DISTRICT 58****STUDENTS**Wellness

The District is committed to providing a learning environment that supports and promotes wellness, good nutrition, and an active lifestyle and recognizes the positive relationship between good nutrition, physical activity and the capacity of students to develop and learn. The entire school environment shall be aligned with healthy school goals to positively influence students' beliefs and habits and promote health and wellness, good nutrition and regular physical activity.

The Superintendent or designee is authorized to develop wellness guidelines in accordance with the requirements of the Child Nutrition and WIC (Women, Infants, and Children) Reauthorization Act of 2004 and the Illinois School Code, including, goals for nutrition education, physical activity, and other school-based activities designed to promote student wellness; nutrition guidelines for all food available during the school day; a plan for measuring implementation including designating one or more persons charged with operational responsibility; and involvement of parents, students, school food service providers, school board, school administrators, and the public in developing these guidelines.

Legal References: *Child Nutrition and WIC Reauthorization Act of 2004*;
Public Act 094-0199;
105 ILCS 5/2-3.137 new

Adopted: 03/13/06