

Attention parents and caregivers of school-aged children and teens:

Does your child snore? Have trouble concentrating? Have trouble going to sleep & staying asleep?

You are invited to a forum on

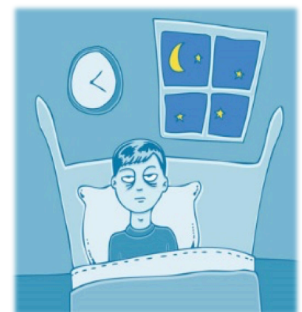
Pediatric Sleep Health

Wednesday, September 13, at 7:00 pm

**Gloria Dei Lutheran Church
4501 Main Street, Downers Grove
Lower level, Fellowship Hall**

Presented by

***Darius A. Loghmanee, MD FAAP FAASM D.ABIM
Director, Advocate Children's Sleep Network***



Learn about:

- Challenges in pediatric/adolescent sleep
- Common sleep disorders in children & adolescents
- How parents and community members can help empower young people to think about their sleep health

Call Gloria Dei Lutheran Church at 630-968-6231 to reserve your seat.