


Free lectures presented by Advocate Good Samaritan Hospital. Your heart deserves more.

Have a Change of Heart – Through Fitness

6:30 pm, Wednesday, March 1

 Good Samaritan
Health & Wellness Center
3551 Highland Ave.
Downers Grove

Learn how much exercise is enough to strengthen your heart muscle through fitness.


Health Advisor code: 4C51



Presented by:
Dr. Patrick Fenner,
Cardiologist

Bad Aortic Valve? Learn Your Options

6:30 pm, Thursday, March 2

 American Legion Hall Post 80
4000 Saratoga Ave.
Downers Grove

Learn non-surgical options for aortic valve repair and replacement: Trans Aortic Valve Replacement (TAVR), a current technique using the latest technology.


Health Advisor code: 4C52



Presented by:
Dr. Peter Kerwin,
Cardiologist

Heart Health For Young Athletes

6:30 pm, Thursday, March 9

 Lombard Village Hall
255 E. Wilson Ave.
Lombard

Learn more about how cardiac screenings can protect young hearts, especially those of active middle and high school athletes.


Health Advisor code: 4C56



Presented by:
Dr. Eleanor Ross,
Pediatric
Cardiologist

Heart Arrhythmia

6:30 pm, Wednesday, March 15

 American Legion Hall Post 80
4000 Saratoga Ave.
Downers Grove

Learn the newest medication therapy options and procedural treatments for atrial fibrillation (A-Fib), an irregular heartbeat.

Health Advisor code: 4C53



Presented by:
Dr. Matt Nora,
Electrophysiologist

Register:

<https://ha.advocatehealth.com/Classes>

OR...email monica.sexton@advocatehealth.com OR...call Monica at 630-275-1213