

DGN ATHENA HALFTIME PERFORMANCE AND COMPETITION DANCE TEAM



If the idea of involvement in your school, building friendships, and taking your abilities to the next level interests you, then this team is for YOU! During the season, team members dedicate 10-15 hours per week toward practice, training, games and events. A background in dance technique is preferred for placement on this team; however, any individual with a strong work ethic and desire to learn is an asset.

OPEN AUDITIONS

Clinic for 1st Cut: April 17th - 6:00-8:00 pm
1st Cut: April 19th - 6:00-8:00 pm
Clinic for 2nd Cut: April 20th - 6:00-8:00 pm
2nd Cut/Final Day: April 22nd - 9:00 AM
Where: DGN Field House

SEE YOU THERE 😊

Please carefully read this information packet. Applicants without this signed the agreement or do not have all forms completed will NOT be considered for placement on this team. Points will be docked.

Who we are:

The DGN Athenas are a halftime performance and competition dance team that recognized by the IHSA as a competitive sport. Placement on either team is determined by ability not grade level. The Athenas also participate in halftime performances during home football and basketball games, community service, fundraising and numerous performances throughout the community.

Costs:

- Warm-ups approximately \$100
- Camp attire approximately \$100
- Summer camp, fall/winter athletic fees
- Varsity Only- UDA camp approximately \$350
- Basketball/performance uniform approximately \$100
- Shoes, tights, undergarments
- Make up & accessories \$50
- Ballet class

Costuming, shell & skirt school uniform, choreography team gifts and competition fees are paid through fundraising throughout season. Please note however, that there may be additional costs throughout the season.

Audition Process

- **Monday, April 17th, 2016 6:00-8:00pm-** Round one clinic and technique assessment
- **Wednesday, April 19th, 2016 6:00-8:00pm-** First cut
- **Thursday, April 20th, 2016, 6:00-8:00pm-** Round two clinic and technique assessment
- **Saturday, April 22nd, 2016, 9:00am-** Final Cut

**Returning Athenas are only required to attend round two of auditions.*

Posting: Participates who move on to the second cut will be posted Wednesday evening after auditions.

Dancers chosen for placement on either squad will be posted Saturday afternoon.

Note that placement on this team is based on the level of ability and not grade level.

A spot on either team does not guarantee placement in performances or competition routines.

Please e-mail Coach Penny at cpenny@csd99.org if you have any questions.

Please visit <http://dgnathenas.jigsy.com> for more information about the program.

Junior Varsity Skills

- Splits both right & left
- Double pirouette (a clean single may be considered)
- Right & left leaps
- Toe touch (Russian)
- High kick combination: high, fans, killers
- Chaine/pique turns in combination

Varsity Skills

- Triple Pirouette
- A la seconds; performed with correct timing and completed with a double pirouette
- Right and Left Splits
- Right and Left Leg Hold
- Leg grab turn (needle) on either right or left
- Extension (preferred leg)
- High kick combination: high, fans, killers
- Right and left leap performed correctly in a full extended split
- Right and left switch leap
- Right and left leap in second (center)
- Toe touch (Russian) with height
- Turning center
- Calypso leap
- Please share with us head stands/hand stands or any gymnastic/acro stunting. ONLY if it can be performed safely and with control.

All of these elements need to be executed with accurate placement and control

Appearance: It is important to have a clean and neat appearance. Hair should be pulled away from the face and excess jewelry should be left at home. All participants should wear flexible dance or exercise attire. Shoes are also a **must**. Any type of dance or athletic shoe is acceptable. Midriffs need to be covered and attire should adhere to the school dress code.

The coaches along with several other adults with dance background will be assessing the try out. **The Junior Varsity & Varsity coaches have the right to dismiss any participant who demonstrates lack of ability as well as accept any individual showing motivation, showmanship and potential within skills.**

Please check off and make sure you have the following completed:

- Current physical
- Athletic code card signed
- Signed audition agreement (see below)

The Athena Dance Team is a great way to become involved, build friendships, gain leadership, responsibility & character through dance. Academics are priority however; please also understand that the Athena Dance Program requires daily practice and weekend participation during football, basketball and competition season. If chosen for either squad, placement in performances and competition routines is based upon execution of choreography, technique, performance, and attitude.

HOW TO REGISTER:

1. Go to the DGN Webpage
(<http://www.csd99.org/north>)
2. Click on the “Athletics” Tab
3. Click on the “Registration” Tab
4. If you are not already signed up for an 8to18 account, please create one. If you have one already, please log in.
5. Once logged in, click on “Begin Registration”. The option for Athenas should pop up.

AUDITION AGREEMENT

Sign & return at the date of auditions

Dancer's name _____
along with parent/ guardian have read through and accept the conditions of this agreement.

Student Signature _____

Parent Signature _____

Select the team/s you are auditioning for. This may not be altered after the audition. Circle one **OR** both:

Junior Varsity

Varsity