

MFC Sports Performance 2017 Summer Camp!!!



Sign Up Today!!



SUMMER CAMP!

Become "A Force To Be Reckoned With"

MFC Sports Performance invites the athletes in your life to take part in our Summer Camps with our professional, friendly, expert trainers. Summer Camps are available to those 7 years old to 18 years old. Sign up your athletes today and see everything that our Summer Camps have to offer!



Summer Camp I:

June 12 - June 28

Summer Camp II:

July 3 - July 19

Summer Camp III:

July 24 - August 9

Athletes will gain strength, speed, agility, and power!

Training sessions consist of lower and upper body strength exercises, core work, and conditioning.

Camps are designed to provide participants with a great, fun workout!

Sessions are safe and age appropriate!

**8251 S. Lemont Rd.
Darien, IL 60561**

Call or e-mail to sign-up!!

630-796-2537

MFCsportsPerformance.com

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